



## HCL Uday - Urban Community Development initiative by HCL Foundation

# Stakeholders come together to combat child issues in Lucknow!

**20th June 2019**

A stakeholders' consultation meet was organised by Childhood Enhancement through Training and Action (CHETNA) on 20th June 2019 in Lucknow in the presence of various senior officials and delegates from across Uttar Pradesh. Some key

participants included Mr. Puneet Mishra – Deputy Director (Ministry of Women and Child Development), Ms. Meha Tiwari (HCL Foundation), Mr. Ajay Dixit - ACOMO, Ms. Asma Zubair - Child Protection Officer (DCPU), Mrs. Arpita Agarwal - Mrs. Lucknow, Mr. P. R.



**Mr. Puneet Mishra, Deputy Director, Ministry of Women and Child Development at Stakeholders' Consultation Lucknow**



**'Stakeholders' Consultation' to 'Stakeholders' Consultation : June 2019, Lucknow'**

Anil – Labour Officer, Mr. B. L. Yadav – SJPU, representatives from Juvenile Justice Board (JJB), Child Welfare Committee (CWC), schools, and universities, various Non-Governmental

Organizations, Balaknama, CSR units and so on. The consultation was aimed at discussing 'safeguarding childhood' of children by engaging all important stakeholders' in the process of decision

making of the steps that need be taken for the betterment of children in Lucknow and everywhere.

"We are here to fight the 'yuddha' to make India a child friendly country" exclaimed Mr. Sanjay Gupta, Director CHETNA NGO. This four hour long discussion was facilitated by Mr. Sanjay wherein he carried the flow of conversations starting from discussing issues to reaching a conclusion over them. The representatives from various departments seated in a cluster – setup openly discussed challenges they face with children and while working with and for children. Knowing that

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## Deputy Chief Minister inaugurates Discovery Science Center

**Corporate Social Responsibility reaching another milestone!**



Discovery Science Center is a place where experimental knowledge for the various concepts of science is available for students to experience, learn and understand. The center is built in such a way that it encourages the students to research with the help of interactive exhibitions and innovative activities. The inauguration of the Discovery Science Center was done by the Deputy Chief Minister of Uttar Pradesh, Dr. Dinesh Sharma, where the Additional Chief Secretary Rajendra Kumar Tiwari,

the DIOS Dr. Mukesh Kumar Singh, the Principal of Govt. Jubilee Inter College, Sarvada Nand, the CSR Director of HCL Foundation, Nidhi Pundir and the CSR Head of Orient Bell, Aradhana Agarwal were also present. HCL Foundation has always been successful in initiating similar models in the past. The inauguration of the Discovery Science Center took place at the Govt. Jubilee Inter College where the CSR Head of Orient Bell, Aradhana Agarwal, stated that "the main objective of building this center is to create a progressive environment of interactive learning and promote outdoor learning for students." "Students will now know all the different concepts of science through this initiative!" exclaimed Dr. Dinesh Sharma, Deputy CM, Uttar Pradesh.

## Living best, dealing with waste: Training Rag Pickers



**'Training of Rag-pickers'**

**20th April 2019**

WASH Institute Noida Team, along with other NGO partners conducted Waste/Rag Pickers Training with 82 Rag pickers at Sarfabad slum (NOIDA). The objective of the training was to create awareness and inform people regarding waste management,

segregation, dumping and to teach them how to save themselves from health hazards. Representatives also distributed safety kits (shoes, jacket, hand gloves, mask and cap) to them. The response from the people targeted was amazing; the waste/rag pickers were very

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## Editorial

We're growing bigger! This is the fourth issue of the 'My Community' – a newsletter published under the Uday Project (previously called My Community) - a project run by HCL Foundation. The My Community newsletter is a platform where all partner Non-Governmental Organisation working under the Uday Project come together and share their stories of success and struggle. This issue (June, 2019) is thus an amalgamative narrative of all partner NGOs' work and impact. The strongest element of this quarter (April – June 2019) has been 'convergence'. NGOs have talked so deeply about the importance of collaboration and convergence at so many levels. Stakeholders' Consultations organised have been live examples of this strong and emerging belief in the power of togetherness. Organisations separately and together worked on a plethora of issues, finally coming together to conclude the quarter. Issues addressing health, disability, livelihood and such were addressed. While proactive action in the areas of health, education, sanitation, family planning has been taken through initiatives like Mobile Health Van, Discovery Science Centre, Mirror Tool, Cleanliness drives, trainings and so on. The quarter also celebrated change makers through events like the Game Changers Awards. With the energy in this action and in the spirit of convergence, the newsletter celebrates all the work done and aims to also nurture the dreams of further change.

## Rights for one, rights for all!

1st May 2019

On 1st May 2019, Wednesday Regional Transport Office (RTO), Lucknow organized an Awareness Program where students of Jyoti Kiran School (JKS), SPARC India, Primary Schools from Saragpur Saraiyan participated in it. The aim of the program is to aware students and other members about their voting rights and benefits.

The Children with Disabilities (CwDs) from Jyoti Kiran School SPARC India- Meraj (Cerebral Palsy), Mohit (Intellectual Disability), Sanjana (Hearing Impaired), Neha Khan (Intellectual Disability), Tauhid (Cerebral Palsy) and Areeba Fatima (Cerebral Palsy) and the students from Primary School Saragpur- Samar (Cerebral Palsy), Shlok (Learning Disability) and Ayush (Visually Impaired) and a girl from Pre-secondary School Aurangabad- Arti (Hearing Impaired) participated in the program along with teachers, staff

members and their parents.

The students with the help of teachers made rangoli giving the message-“Voting rights of PwDs should be ensured”. Mr. A.K Singh, Regional Transport Officer (RTO) and Mr. Raghvendra Singh Assistant Regional Transport Officer (ARTO) joined us and supported us. They appreciated the work and spread awareness among everyone about the voting rights of everyone. They appreciated the students and other members with a gift of applause. Dr. Amitabh Mehrotra also requested them to ensure their presence in future programs in our organization so that our children can be encouraged. He said that the program and contributions made for the children have made their future bright and secure. He also showed his gratitude for the invaluable cooperation they have provided. Everyone has also taken an oath to vote and choose a right governing body for the welfare of our country.

## Saluting Change-makers at the Game Changers Awards!



'Game Changers Awards'

Vatsalya organised felicitation ceremony of game changers from the community at CHC

Aliganj and a discussion was done on the growth in demand of contraceptives in the community and

respectful care at various health post. In the event, MOIC CHC Aliganj, HEO CHC Aliganj, Dr.

Neelam Singh cheif functionary Vatsalya, All ASHA and ANM who come under CHC

aliganj, PHC triveni Nagar, PHC Rahimnagar and depot holders from the community participated. The event is a break-through in the field. Such moments of acknowledgement create a chain reaction of motivation and positivity!

## Stakeholders come together to combat child issues in Lucknow!

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roles of all stakeholders are interconnected and interdependent, the format of the consultation was such that all of them could come together and help each other in the process.

Issues like challenges faced by CWCs in accommodating children's best interest, challenges faced by schools in terms of identification of children and such during their enrollment, problems

faced in 'Raen Baseras', challenges faced by NGOs in terms of permission, material and so on. Larger issues like child labour, Right to Education, child abuse and such were also discussed and deliberations of possible solutions were made. Knowledge and information about concepts and schemes was shared and discussed by various departments and stakeholders. The consultation ended with a common feeling in all

hearts how convergence and cooperation is the way to go ahead in the matter.

"I believe this consultation has concluded in some very significant suggestions. The idea of a mobile application to access details on government schemes on the various matters of child rights is great. I feel this should be definitely pursued. I am impressed by the idea of Police Boys Club proposed by Ms. Meha from

HCL. Our department also initiated a similar concept in collaboration with the team of Skill Development program. It has been quite successful and I urge for your support in the same. The most important thing that has come up is the idea of 'convergence'. I feel collaboration of efforts and convergence in spirit can create great action and inspire chain reaction" said Mr. Puneet Mishra, Deputy Director, Ministry of Women and Child Development.

### Living best, dealing with waste: Training Rag Pickers

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happy to have received such safety kits and the training. WASH Institute thanks HCL Foundation and NGO partners for helping in making this effort a success. The team appreciates the enthusiasm shown by the rag pickers during the entire drill.



## Three Cheers for SWC! S P City awards children!



**6th April, 2019**

Under the 'Uday Project' implemented by social institution Childhood Enhancement Through Training and Action (CHETNA) for associate organization HCL Foundation, 197 children enrolled in nine Contact Points of Noida, of which 126 appeared in the

examination. For children's morale and bright future, the organization, CHETNA invited Mrs Sudha Singh, S P. City to distribute appreciation awards to these children. Talking to the children, Mrs Sudha Singh also saw the results of the children and motivated them to move forward. Later, the children were also

provided with food from the SDP office.

On this occasion, Mr. Sanjay Gupta, Director, CHETNA NGO said that "we will continue to do similar work for the bright future of the children so that the life of Street and Working Children can also be as bright as regular children."

## Turning Disability into Capacity

**30th April, 2019**

Jyoti Kiran School, SPARC India organized an Assessment Camp for Persons with Disabilities cum Capacity Building Program in collaboration with Composite Regional Centre for Skill Development, Rehabilitation and Empowerment of Persons with Disabilities (CRC), Gorakhpur in their premises on 30th April 2019, Tuesday.

For this noble cause a team from CRC, Gorakhpur including Dr. Saba

Haider (Assistant Professor, Clinical Psychology), Mr. Neeraj Madhukar (Assistant Professor, Special Education), Mr. Arvind Kumar Pandey (Special Educator), Mr. Amit Kumar Kachap (Lecturer, Occupational Therapy), Mr. Vijay Kumar Gupta (Lecturer, Physiotherapy), Mr. Robin (Speech Therapist, Clinical Assistant) and Mr. Basant Pradhan (Vocational Trainer) were present for assessing the students and providing them with programme.

The team members assessed the students in their various areas, suggested skill development and program planning. The CRC team gave inputs in the area of special education, occupational therapy, speech therapy, vocational training, psychological and behavioral issues.

The Assessment Camp was organized between 10AM to 6PM, in total 54 students along with their parents participated in this camp. The team assessed them on all the aspects related to development.

## Make way for a school bus: 134 more street children are going to school now!

**12th April, 2019**

A 14-year-old Anchal, and his friend Sangeeta, who lives in the slums of Vinayakpuram Lucknow, saw themselves as a house helper at the nearby houses from the time of their childhood as other members of their family were also indulged in labouring and as a daily wagger for their livelihood. Anchal and Sangeeta was joined our social organization CHETNA and HCL FOUNDATION to participate in the Project UDAY for their education and it has been done, last year with the help of CHETNA NGO by enrolling them in schools. In this way approx 134 Street and working children get admission in the nearby schools with the help of CHETNA NGO and more than 50 children of them have got the highest marks and

performed brilliantly in their respective exams, which shows that these children are worthy and have talent to perform better.

April 12th is celebrated worldwide as an International Street Children Day and this serious issue of street children recognized by countries from all over the world on this day.

In India, however, the number of street children is estimated to be around 10 lakhs, as there are no surveys done in Lucknow regarding this but the Social organization Chetna has estimated approx. 5000 children in various areas of Lucknow like- Vinayakpuram, Madiyaon, Aminabad, Sachivalaya, Purania etc. Regarding this, Project Coordinator of HCL-UDAY, from CHETNA NGO, Tanupriya Gupta

said that our organization Chetna is taking the aim of above than 1,000 such children in Lucknow, which includes all-round development of these children like - sports, reading, exposure visits, etc. In addition to this, the objectives of CHETNA include, creating awareness about their rights for which a centre is also running in Vinayakpuram vikasnagar lucknow, where about 90 children from nearby slums are coming for their education, as well as the team is active at the areas of Madiyaon, Purania and Aminabad to understand who are ragpickers, beggars and working children in the said areas.

On this occasion, SPRA Mr. Vikrantvir ji invited approx. 20 children who performed brilliantly in their academics this year

to honour them and to motivate them through prize distribution at SSP Office, Daliganj lucknow. This works as a stimulus to these children as they are more encouraged and motivated towards their studies.

On this occasion, Shri Sanjay Gupta, Director of Chetna NGO, over a telephonic conversation, said that the organization is trying at the national level to make a consolidated project for these street children wherein it is aimed that, the children should not be seen as violating the law, because these children are the future of our country and will help in its progress.

On this occasion, the officers of SSP Office, were also very happy and were welcomed by distributing sweets to them.

### Where cleaner NOIDA is the aim!

HCL Foundation and Wash Institute inaugurated community toilets and sanitation blocks in many slums clustered near Noida, giving another contribution in the direction of the clean and green Noida 2019 dream. As a result of the continuous effort and commitment towards cleanliness and hygiene, Wash Institute, in collaboration with HCL Foundation, installed toilets and sanitation blocks, made drinking water available, installed dustbins, places to wash hands, etc. in different schools and slums.

The practices of littering, keeping the toilets unhygienic in the open slums around Noida are still prevalent. Sector 8, Sharfabad and Barola are some example, where mostly poor people reside and are struggling in daily life. These slums do not

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## CASE STUDY

# Street to Stage: Journey of Farzana

Farzana is an 11 year old who is a beneficiary of CHETNA, connected with us at the 'Ped Ki Chao' center sector 71 red light. She is a bright mind who also however, sells chiriya on the streets to support her household. Her father along with one of his sons, Mohd. Gaddar is also engaged in selling such things like plastic toys and lockets and her mother, Mariam begs on the street. She is a member of a nine-member family, which is an original habitant of Lucknow, Uttar Pradesh. She has two elder brother, two elder sisters and two younger brothers.

Before migrating to NOIDA, the family used to stay in a village in Lucknow. There the father was engaged in agricultural laborer but the work was not enough to sustain their family. After



a neighbor once suggested that they should move to Delhi because the city offers better livelihood and opportunities for the children as well as the family as a whole, they moved to NOIDA and are now staying on a traffic signal in Sector 71 in the city. Here is where the family was engaged in the roadside livelihood jobs that they still do. Farzana personally used to feel extremely bad about

herself and her life while she watched other children going to school and living their lives in a much better way. This made her feel the need of education in her life.

This is where Saurabh, a team member at CHETNA found her on the traffic signal. He interacted with her and started motivating her to come to their Contact Point and start to study. However, Farzana finally joined

when one of her friends, Ruksar once told her about CHETNA and all the various activities and benefits all the students get there. She told her about the education, nutrition, games and other such activities that are provided there for all the beneficiaries that join. This made Farzana feel very motivated to join the Contact Point and she soon started to attend sessions there.

Attending these sessions along with team CHETNA, she observed and got informed too how children can join school through CHETNA – the team introduced her to the concept of books, homework, education, school uniforms and other such things that one experiences when they attend school. This made her feel extremely

motivated to join school. Soon, with the help of team CHETNA, Farzana joined a school. Now she has developed leadership skills and has started to motivate other children to join school too. She says she dreams of a time where all her siblings would go to school and the entire family would have a respectful life. She also participated in "street talk" where she expressed her feelings on how she started studying and doing good things in her life. She did not had any stage fear and was confident enough to speak without hesitating.

During the street talk, she expressed that she wanted her own house and she wants her younger and elder siblings to get education and become a successful person in their life.

## Confidence to Question

During the Stakeholders' Consultation organised by team CHETNA and held at Lucknow, several questions were put up and many answered. Amongst the officials and delegates were present two young minds. These two were two young girls, Anchal and Sangeeta – both reporters of Balaknama – a newspaper run and published by Street and Working Children. Balaknama being one of its kind has an experience which is also one of a kind to these Street and Working Children. Anchal and Sangeeta are two street-connected girls who have transformed into meticulous bright minds. While numerous adults sitting in the room were somewhere hesitant in taking a mic and speaking freely – knowing how in a gathering like such, every word one says is analysed – these two girls stood tall and questioned what nobody could. In a gathering of police officials, CWC members, DCPU's representatives, CMO, Labour Officer, academicians and other senior delegates, Anchal stood up and asked everyone "Where I stay and go

to school, there is a liquor shop. So many drunken men create ruckus on the streets and make girls like me and myself extremely unsafe if and when we go to school or even set foot outside home. We are told to not sip school, but does anyone question them?" To this, the audience took a while of silence, and the representatives from the UP Police responded saying this issue can be addressed if we write to the DM Office and request removal or re-placement of the liquor store. "Men everywhere in my locality openly gamble and play cards. It has an extremely bad impact on children of the community. It can misguide them and make them feel that gambling is an easy source of money. What can we do about that?" Anchal added. To which, Sangeeta added, "Numerous adults and children in my locality and everywhere I see are addicted to toxic material and drugs. They sniff things and misbehave in its influence. I am aware how such people need to be rehabilitated, but how would that be possible given that there is no De-

addiction Centre in Lucknow; at least not in my knowledge." After an obvious silence because these girls started talking about the real elephants in the room, members from Child Welfare Committee (CWC) responded by saying we will escalate the matter of drug abuse and look into the matter.

While the issues these girls pointed out are sad realities and extremely serious, the focus here is the way how these two girls have developed the confidence the question – without hesitating or feeling scared of what might be the reaction. While the gathering of the consultation was a group of most responsible representatives, these girls would not fear asking such questions in any crowd. On asking what the source of their confidence, they said it is result of their glorious journey being part of Balaknama. The people of CHETNA and Balaknama must be proud of these street leaders emerging out of their team. These girls are not only amazing orators but also perfect role models for little girls like them.

### PARTNER NGOS

#### Noida :



Mamta



Rasta



ACASP



Wash institute



Aragami india



Give me trees



EFRAH



Mobilecreches



Family planning association of india (FPA)

#### Lucknow :



Study Hall Educational Foundation-SHEF



Ankur Yuva Chetna Shivir-AYCS



Mamta HIMC-Mamta, Health Institute for Mother and Child



Centre for Learning Resources - CLR



School for Potential Advancement and Restoration of Confidence - SPARC



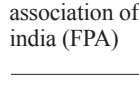
Self Employed Women's Association - SEWA



Manvodaya



Society for Environment Education and Development - SEED



Vatsalya



# Convey Convergence: Ms. Asma Zubair (District Child Protection Unit)

Ms. Asma Zubair – Protection Officer, District Child Protection Unit conveys her message of convergence to all of us. In a conversation with Ms. Zubair, during a consultation of stakeholders held in Lucknow said “I believe, a single solution to most problems of the city is convergence. I believe if we all (referring to all the stakeholders) come together and unite our action, there is nothing we cannot resolve or achieve.” “I feel Non-governmental Organisations such as CHETNA, Pratham, Vatsalya etc working in Lucknow are doing a great job. Our team at the District Child Protection Unit is also taking several initiatives where we would require the assistance of NGO teams. One of these



initiatives is Block Committee Awareness where I believe if all NGOs come together, help us create an action plan for awareness for the month, the initiative can have a wide and long lasting impact. If will share the action plan created by our team as well to facilitate working together. I congratulate Pratham on working so well on Child Labour Programs and look forward to working in convergence with CHETNA” she added. Officials like Ms. Zubair reassure faith in convergence and harmony. If we, as suggested by her, do work in consonance, there is hardly any issue we can’t tackle. Let us use this and every platform available to come together and make a difference!

## A tour to the better India!



With increase in popularity and importance of Family Planning, Vatsalya took an initiative to organize a Recreational Tour for eligible couples with infotainments and the major focus was on Family Planning. The event took place on 14th June, 2019 and witnessed the participation of 25 eligible couples. The couples were taken to Lohiya park in the Gomti Nagar locality of Lucknow. The objective of this Recreational tour was “to increase awareness, knowledge and improved practices towards family planning services with infotainment among eligible couples from the intervention area.” There was a total of 3 Sessions in this tour namely ‘Gender Orientation’, ‘Child Marriage’ and ‘Wishes of The Male and Female’ on planned families with their spouse and each session

had objectives of its own.

1. Gender Orientation - This session was facilitated by Ms. Shagun Tripathi and its objectives were establishing conceptual clarity on gender, gender disparity, role of gender in our daily work and role of gender in family planning.
2. Child marriage - This session was facilitated by Ms. Priya and the objectives were - understanding the legal age of marriage of girls and boys, consequences of early marriage and legal provisions about child marriage in Indian Law.
3. Wish Tree - Facilitated by Vatsalya team member this session was for men and women to write their wishes on family planning and number of children they want and later on it was discussed with their spouses.

Games like FP Samachar and Pass the Ball were also organized for the generation of awareness. In FP Samachar, a curtain was used as a television set and the facilitators, Priya and Seema, informed about the FP Schemes of the Government of India. Free services, FP logistics and incentives under National Health Mission were also discussed. In Pass the Ball, questions and answers related to family planning were discussed. The tour was a success as all the participants were present, they showed active interest in all the sessions and activities, they understood the general message that was trying to be conveyed to them and they also understood about their various rights, duties and the facilities provided by the Government around the subject.

## The Mirror Tool: The new way to test anemia

A tool for early identification of anemia amongst adolescent girls and boys, young married women for improved RMNCH+A outcomes MAMTA Health Institute for Mother and Child (MAMTA) is implementing Project Uday with the support of HCL Foundation for Improved Sexual & reproductive health, hygiene and nutrition outcome amongst poor and marginalized women and children community in NOIDA, Chennai, Bangalore and Lucknow

	Boys = 91 (36.4%)		Girls = 159 (63.6%)		Total = 250
Examination Sites	Normal	Mild	Moderate	Severe	
Conjunctiva	103 (41.2%)	76 (30.4%)	57 (22.8%)	14 (5.6%)	
Tongue	85 (34%)	104 (41.6%)	54 (21.6%)	7 (2.8%)	
Palm	90 (36%)	92 (36.8%)	52 (20.8%)	16 (6.4%)	

to contribute towards achieving national health and developmental commitment. In the course of the intervention in the community it was found that anemia is one of the major reasons of poor health, especially amongst women and adolescents. This often leads to fatigue and decreased ability to

work, increased risk of mortality and cognitive loss and greater risk of delivering premature and low-birth-weight babies who have an increased risk of dying. The prevalence of anemia in this big proportion is a public health challenge that needs immediate attention. However, an even bigger challenge is undertaking

the screening of anemia at the community level. The challenge was to devise a tool for screening of iron deficiency anemia at community level which is affordable, easy to use and comprehend and which gives consistent results. The underlying objective was providing a tool with community and frontline workers for early

identification of anaemia amongst adolescents girls and boys, young married women for improved RMNCH+A outcomes. The project team of MAMTA took up the challenge and several long deliberations, discussions and prototypes later finally the team came up with a tool which is unbelievably simple while at the same time was dependable and easy to assess by the community. The tool was named ‘the mirror tool’ due to the mirror in it for checking the pallor of the

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# Road to better health: an effort made in convergence

23rd April'2019

Under HCL Foundation supported initiative "Strengthening health mechanism for improved health and wellness of people in urban community" a Memorandum of Understanding (MoU) was signed with chief Medical officer, Gautam Budh Nagar to strengthen the state health system and ensure increased uptake and accessibility of public health services at the PHC and CHC, especially by urban poor people residing in the area of Bistrakh, Bhangel, Barola and Mamura. As part of the program, the labor rooms of 2 PHCs and 2 CHC were upgraded as per the Indian Public Health Standards and DAKSHATA Guidelines based on aneed assessment to identify and bridge the gaps to improve maternal and child health indicators. The upgradation had two major components:

- Handing over of a Mobile Medical Unit to the Health Department of



Gautam Budh Nagar for extending public health services at the doorstep of urban poor and migratory population. The MMU will be managed and operated by the Health Department with all necessary equipment and medicines for primary check-up, distribution of contraception, IFA, deworming and general medicine. In addition, the unit will have provision of awareness generation by audio visual means to improve demand of service from the community

- Handing over of upgraded labour rooms with functional new born care corner, including radiant warmer and neo natal care equipment. Functional

Kangaroo Mother Care units will help in reducing morbidity and mortality, especially in low birth babies. Moreover, these provisions will help in achieving universal health access as specified in new Health Policy 2017 to achieve SDG commitment -3 "Good Health & Well Being" by the year 2030.

The organization with support of partners NGOs Atragami and Family planning association of India also organized Stakeholders consultation meet at CHC Bistrakhin Noida chaired by chief medical officer, Gautam Budh Nagar where District and block level functionaries from health and family welfare along with front line functionaries and community beneficiaries attended the program. The program focused on the need of bridging gap between services demand & supply and ensuring access of equitable public health services by the disadvantaged population in urban slum communities.

**Where cleaner NOIDA is the aim!**

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have toilets, drinking water, garbage management and other facilities. These are some of the reasons why the clean and green Noida dream looks more difficult. HCL and Wash Institute inaugurated the toilets and sanitation blocks at all three places, breaking this barrier. For instance, an RO machine of 500 litres per hour has also been installed in Sharfabad. On this auspicious occasion, the people were able to see the happiness of the all. Women and children were especially excited. The cooperation of the Noida Authority in this achievement of the HCL and Wash Institute is remarkable.

On this occasion, to increase the awareness of cleanliness and hygiene in the community and to create a sense of cleaning and monitoring of newly constructed toilets and wash stations, painting competition for children was held in Sector-8 and Sharfabad.

The project officer of the Wash Institute, Mr. Amit Dolui formulated these programs and made it successful with the cooperation of his team.

## PICTURE CORNER



Children from Rasta NGO showcase their standpoint against tobacco and drug abuse



Rasta Uday Project celebrates International Yoga Day



HCL Volunteers making low cost sanitary napkins during an initiative made by the team of MAMTA NGO



Police Training conducted by CHETNA NGO in Lucknow creating a platform for discussion on child issues and their resolution



HCL Team along with partner NGOs at Sorkha Plantation Drive

## The Mirror Tool: The new way to test anemia

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three clinical examination sites – Palpebral conjunctiva (eye), Tongue and Palm. Each examination site has been assigned a grading of 1 to 5 on the basis of the pallor. Looking into the mirror the adolescents can grade the pallor of the three sites and then do a self-assessment of the level of anemia (Normal, Mild, Moderate, Severe) based on primary screening rules given below.

The tool was pre-tested with a sample size of 250 adolescent respondents from Noida, Lucknow, Chennai and Bangalore. Analysis of primary screening findings with sample size

250 is given below.

The sensitivity of the conjunctiva is found lowest (83%) than palm (87%) and tongue (89%), which is completely different from the published literature. The sensitivity of Mirror tool is 66% and specificity 65% which is much higher than WHO recommended Hemoglobin Color Scale method which has sensitivity 30% and specificity 100% (AIIMS, 2007).

The Mirror Tool has found wide acceptance among Front Line Functionaries viz. ASHA and AWW for primary screening in the community to motivate young and adolescents for anemia reduction by either food modification or iron

fortifications. The tool has proved to be strong aid in behaviour change communication with adolescents and women to include iron rich food in diet for improved hemoglobin level and reduction of iron deficiency anemia.

This tool also has been used in the schools for early detection of iron deficiency anemia among children, which has been appreciated and widely accepted by teachers and parents of the children.

Recently, the Mirror Tool was awarded the HCL Best Practices Award in the event HCL Partners for Change in February 2019.